

Alison Kohler

Opportunities of visitors in the area.

People come here for a whole range of activities, the main one, obviously, is walking and from Postbridge, in particular, you can access the northern plateaux, the high moorland area, but also if the weather is a bit inclement you've got the woodland areas and sheltered valleys that you can walk through, and there's something for all abilities really - if you're a really keen walker you can go and do ten, fifteen even twenty miles, but if you just want a short walk then you can just do a self guided trail, say three, four, five miles and if you have got a special need you can actually go up to Bellever and follow a special trail that takes you down to the river.